Post course resources - How to stop your workload controlling you and actually get through your to do list

Qurterdeck

THURSDAY 20 JUNE 2024

hqn TRAINING

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1 Further resources

- Video - https://www.youtube.com/watch?v=SqGRnlXplx0
- Reading Loehr & Schwartz 'The Power of Full Engagement' and 'Atomic Habits' by James Clear
- Webpage - https://uk.indeed.com/career-advice/career-development/managing-workload
- Reading – Deep Work – Cal Newport

Fast, practical guidance on everything to do with housing

HQN provides high-quality advice, tailored support and training to housing associations, councils, ALMOs and other housing providers.

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