# Post course resources: Middle managers – intensive skills workshop

Jo Carr

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hqn TRAINING

# Contents

**Section** **Page number**

1 Further resources _____ 2

# 1 Further resources

- A Bit of Optimism | An inspiring podcast with Simon Sinek - Simon Sinek
- Patrick Lencioni – Five Dysfunctions of a Team
- stress-container-resource-download.pdf (mhfaengland.org)
- Three Things that Actually Motivate Employees (hbr.org)

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