

Programme

Supporting the mental health of tenants during COVID and beyond Wednesday 12 May 2021

Research from mental health charity MIND found that around one in three social housing tenants in rent arrears is experiencing mental health problems.

Housing management challenges including anti-social behaviour, hoarding and substance misuse are complex issues that can often be connected to mental health issues.

The findings from the latest 2019-20 English Housing Survey show that social tenants have the lowest levels of life satisfaction (71%); are least likely to believe that life is worthwhile (74%) and have the lowest levels of happiness (70%) compared to all other housing groups. The survey also found that social renters experienced the highest degree of anxiety (32%).

10:00 Opening remarks from Chair
Nisa Chisipochinyi, Director of Wellbeing, South Yorkshire Housing Association

10:05 Supporting customers with hoarding and through the pandemic
Amy Cheswick, Director of Customers and Partners, Raven Housing Trust

10:30 Mental health and income collection - partnership working with Mind. The benefits of training the tenancy sustainment team in Cognitive Behavioural Therapy
Fayann Simpson Group Board Member, L&Q

11:00 The work of Gentoo's Positive Engagement Team who deal with complex individuals who have serious mental health issues caused by alcohol/drugs
Julie Walker, Head of Operations (Community Safety), Gentoo

11:30 Spotting the signs of mental health problems - practical advice on action to take and successful partnership working with housing associations
Alison Turner Service Manager, Rethink Mental Illness

12:00 Closing remarks from chair
Nisa Chisipochinyi, Director of Wellbeing, South Yorkshire Housing Association